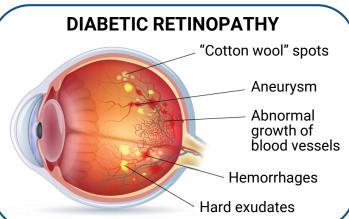
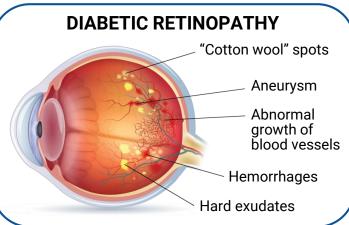
# Why Patients with Diabetes Need Annual Eye Exams

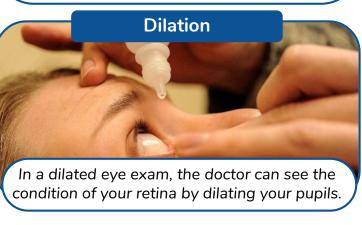
#### What is Diabetic Retinopathy?

Diabetic retinopathy is a condition that can cause vision loss and blindness due to diabetes. It affects the blood vessels in the area in the back of your eye, known as the retina. It may not cause symptoms at first but can eventually lead to blindness. If you have diabetes, make an appointment with your eye doctor for a dilated eye exam at least once a year. This screening will help prevent blindness related to diabetes.

### **HEALTHY EYE** Fovea Central retinal artery and vein Optic disc (blind spot) Optic nerve







## **Symptoms**







Fluctuating vision



**Floaters** 

Impaired color vision



Dark or empty areas in your vision



Vision loss

#### **Treatments**







Laser treatment



Eye surgery

Visit your eye doctor for treatment or to get help to prevent diabetic retinopathy!



To learn more about our doctor's group, call Member Relations: (415) 590-7418



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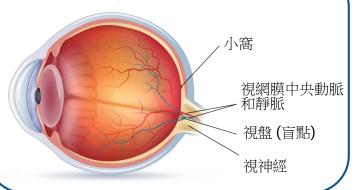
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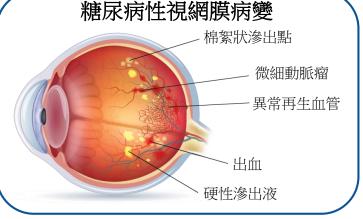
## 糖尿病患者需要進行年度眼科檢查的原因

### 什麼是糖尿病性視網膜病?

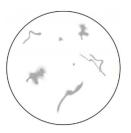
糖尿病性視網膜病是一種由糖尿病導致的視力喪失和失明的疾病。這種疾病會影響眼後區域(稱為視網膜)的血管。最初可能不會導致任何視覺上的症狀,但最終可導致失明。如果您患有糖尿病,請每年與眼科醫生預約至少一次散瞳檢查。這種篩查有助於預防糖尿病導致的失明。

#### 健康的眼睛





#### 症狀







視力模糊



視力度數波動



色覺受損



視野中出現黑暗或 空白區域



視力喪失

## 散瞳 散瞳眼部檢查時,醫生通過擴大你的瞳孔看到 您視網膜的狀況。

#### 治療



藥物注射



激光治療



眼部手術

### 請到訪眼科進行治療或獲取預防糖尿病視網膜病變的更多資訊!



要了解我們的醫生集團, 請致電會員服務部: (415) 590-7418



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