

What You Should Know About Testing for COVID-19

What To Do If You Think You Have COVID-19?

Step 1: Self-screening

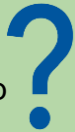
Are you currently dealing symptoms (fever, cough, shortness of breath)?



Have you traveled to a high-risk location in the past couple of weeks?



Have you been close to anyone confirmed to have the virus?



When was the last time you attended an event with more than 10 people?



Step 2: Call your doctor

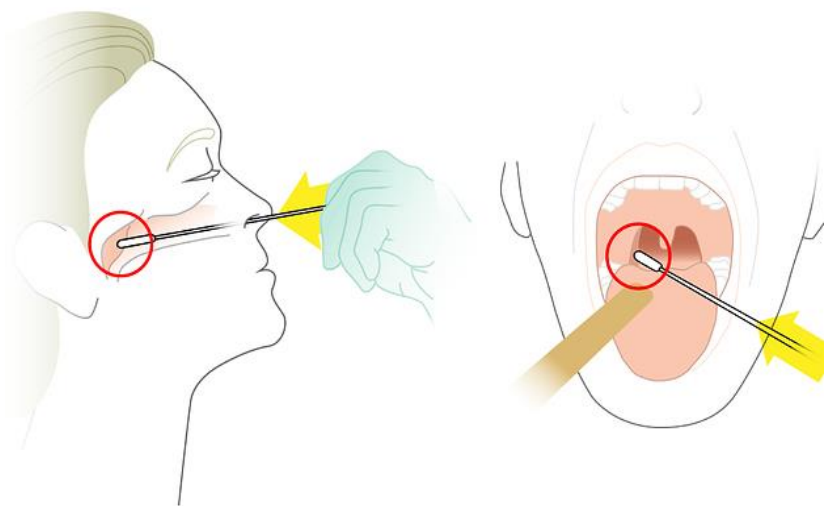
- Doctor offices have implemented a process of telehealth services.
- Explain to your doctor in detail your symptoms and possible exposure. Your doctor will contact the Department of Public Health to decide if you need to be tested.
- There isn't any location allowing walk-in testing. All referrals to testing sites or collection of specimen must be referred by a PCP.

Step 3: Testing

- A nose swab and a throat swab are likely to be taken during testing for COVID-19 (see figure below).
- The test is pretty simple and painless. If you test negative or positive, your health care provider will notify you once your results are released.

How Much Will Testing Cost?

Free access to screening and testing (whether you have health care or not), including co-pays and deductibles for a hospital and doctor office visit associated with the COVID-19 test. Since the situation is constantly evolving, be sure to always consult with your insurance for any changes.



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關於冠狀病毒檢測您應該瞭解哪些

如果認為自己感染了冠狀病毒應該怎麼辦？

第一步：自我檢測

您當前是否出現症狀
(如發燒、咳嗽、呼吸急促)



在過去的幾周中，您
是否曾去過高風險地
區



您是否與確診感染病
毒患者近距離接觸



您上一次參加10人以
上的活動是什麼時候



第二步：致電您的醫生

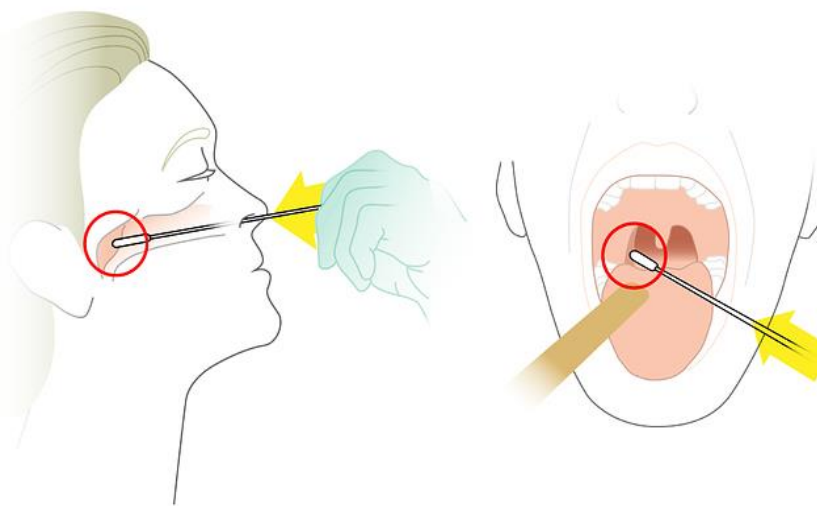
- 醫生醫務所已安排提供遠程醫療服務。
- 向您的醫生詳細解釋您目前的症狀和暴露於病毒的可能性。您的醫生將與公共衛生部門聯繫，以決定您是否需要接受病毒檢測。
- 目前沒有任何監測點接受病人直接前往檢測。必須通過您的醫生轉介您至檢測點或進行樣本採集。

第三步：接受檢測

- 在接受冠狀病毒檢測時可能需要進行鼻咽拭子或咽喉拭子檢測採樣（請參見下圖）。
- 該檢測過程非常簡單且無痛。檢測結果出來后，您的醫療保健提供者會告知您結果是陰性還是陽性。

冠狀病毒檢測的費用是多少？

新冠病毒的篩查和測試是**免費**的（無論您是否有醫療保健），包括與新冠病毒測試相關的醫院和到醫生醫務所就診時的自付費用和自付額。由於情況在不斷變化，因此請務必向您的保險公司諮詢任何變更。



到訪我們的網站、Facebook專頁及YouTube頻道，了解更多有關各種健康主題的資訊！

