### Telehealth - How to See Your Provider

#### What is Telehealth?

Telehealth is a method for delivery of healthcare services and public health information via electronic information and telecommunication technologies. This allows for the facilitation of diagnosis, consultation, treatment, education, care management and selfmanagement.



#### What is the benefit of Telehealth?

- Real-time, audio-video or verbal/audio communication to connect physicians and patients remotely
- Keep patients safe in not needing to leave the comfort and safety of their own home

## Who decides whether or not to provide services via telehealth?

The health care provider determines if the service is clinically appropriate, subject to the patient's consent and proper documentations.

# Are Telehealth appointments covered by my insurance?

Yes, Telehealth insurance are covered by your insurance and are billed at a flat rate.





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## 遠程醫療 — 如何看醫生

### 什麽是遠程醫療?

遠程醫療是指通過電子信息和電訊 技術為病人提供遠程醫療服務和公 共衛生信息的方法。這使診斷,會 診,治療,教育,護理和自我管理 等醫學活動簡易化。





### 遠程醫療的好處是什麽?

- 實時的視頻或語音交流,使醫生 與患者建立遠程鏈接
- 醫生能確保患者在不離開自己家的情況下,患者身體狀況也是處於安全的狀態。

### 誰決定是否通過遠程醫療提供服務?

醫護人員會根據此服務在臨床上的合適性,以及患者的意向和適當的文件要求決定是否提供遠程醫療服務。

### 遠程醫療服務是否受保?

是,遠程醫療已納入您的醫療保險承保範圍,並按統一費率計費。





要了解我們的醫療集團, 請致電會員服務部: (415) 590-7418



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